



Wimbotsham & Stow Academy

Fortnightly Newsletter

Friday 10th October 2025

Dear Families,

Today is World Mental Health Day which takes place every year on 10 October. It's a reminder of the importance of good mental health and the need to prioritise and invest in good mental health.

We have lots in place at school to support staff, parents and pupils. These include

- Access to wellbeing services including Just One Norfolk, Benjamin Foundation and Play Therapy.
- Support from the Family Hub and the Schools and Communities team.
- Our PSA Toni Clarkstone.
- In school children have access to a range of tools to help them regulate including: fidgets, sensory circuits, sensory room, zones of regulation toolkits, a trampette and movement breaks.

Do come and speak with us if you or your child are struggling as we are here to help. We can point you to other services or make adjustments at school for your child.

Mrs Arrowsmith - Executive headteacher

Reminders for the next few weeks

Monday 13th/Tuesday 14th - Parents Evenings

Wednesday 22nd - FOWPS Halloween disco

Thursday 23rd - Selected Herons @Hillcrest Football

Friday 24th - Last Day break up for Half Term

ParentPay Accounts - A Reminder

As we begin the new academic year, we'd like to remind families of the importance of keeping ParentPay accounts up to date. To ensure smooth running of school services and activities, it is essential that accounts remain in credit at all times.

Many thanks

KS2 Fruit Tuck 🍇 🍌

Please remember there is a KS2 Healthy Tuck Shop every morning break for Swans and Herons Classes. Children can buy a piece of fruit / other healthy snack for 30p or can bring something healthy from home. Ducklings and Kingfishers receive free fruit from the School Fruit and Veg Scheme.

Year 6 Hoodie Letter

This was sent out on Monday to all year 6 children. Please make sure you fill in the slip with your child's size required and make payment on parentPay before the deadline.

Thank you

Young Voices

A letter went home about this yesterday. The cost of the trip is £45.00 and can now be paid in instalments on ParentPay.

Uniform

Please can we ask that you ensure all school uniforms are labeled with your child's name. It is very hard to return 'lost property' if it is not named. Thank you.

Harvest Festival

Thank you to all who joined us for our Harvest Festival last Friday at the church farm and for all the lovely donations for Downham Market Foodbank. I received this email from them this week,

I want to take this opportunity to say thank you to all the children for their Harvest Festival Donations. We are very grateful for you as a school who promote and recognise the need of those who are accessing our foodbank and need our support to get them through a crises time in their lives.

Kind Regards,

Yvonne Moore
Project Manager



Thank you

Panto 2025

It's on Friday 12th December in the morning.
The cost is £17.25. all children in years R-6 will be going.

Upcoming Events

October

Monday 13th/14th - Parents Evenings
Thursday 23rd - Selected Herons at Football @Hillcrest
Friday 24th - Break up for Half Term
Monday 27th-31st - Half Term school Closed

November

Monday 3rd - Back to school
Monday 24th - Selected herons rugby event @ WNRC

December

Fri 12 th - Whole School Trip to Pantomime for Years R-6
Friday 19th - Break up for Christmas

January 2026

Tues 6th - Back to school

More events to be added at later dates